First make sure you have the old valves completely removed: Cage, Spring, Disc, and "Most Importantly" the seat with O-ring.

After complete removal of the old valve, grease the O-ring on each of the new valves.

Using a small socket*, that fits over the nipple that sticks out of the top of the valve cage and rests on the shoulder of the valve cage, push each valve gently into the valve cavity until you feel it seat.

*Typically a ¼ drive, deep well socket will work for this installation application.

With valve fully seated, re-assemble.

